

JAN. 2020

THE MEP NEWSLETTER

HOLIDAY NEWSLETTER OF MOUNTAIN EAST
PROVINCE OF KAPPA PSI

Happy New Year!

WRITTEN BY MADDIE WATKINS

Brothers of Mountain East Province, I want to first thank you for taking the time to look through this newsletter!

Allow me to start off this issue by wishing you all a happy and prosperous new year. I hope that you have all had an amazing holiday season celebrating with friends and family.

Inside this issue you will find a recap of Fall Province and a statement written from the Province Planning Committee at Sigma Chapter as well as many photos from Fall Province. There are also statements from our E-Board, with pictures in case you have never seen our new officers! After that you will find chair photos and information; if you are interested in joining any of the province committees make sure to check out those pages. Every chapter that made a newsletter submission has a spotlight brother, photos from their semesters and some information on what they have been up to. There are also a few pages about the Communications Committee, the ones behind the newsletter, social media campaigns, and opening lines of communication among the MEP.

Please be sure to check all of this information out, we have put a lot of work into it, and sincerely appreciate you taking the time to read it!

Let me know if you have any questions, or if you enjoy the newsletter and are interested in joining the Communications Committee, please reach out!



Inside this issue:

FALL PROVINCE RECAP: 2-5
SPRING PROVINCE INFO: 6
E-BOARD BIOS: 7-16
MEET THE CHAIRS: 17-22
COLLEGIATE CHAPTERS: 23-35
GRADUATE CHAPTERS: 36
COMMUNICATIONS COMMITTEE: 37-38

Fall Province Recap

SIGMA CHAPTER

"Planning Province was an invaluable learning experience..."

Firstly, I want to thank everyone who attended the Mountain East Province Assembly this past October! It turned out to be an amazing event with over 150 registrants. I also want to thank the Immediate Past Satrap, Brother Dr. Parker Downing, who helped out a lot with the planning as Sigma is his home chapter. Jennifer and I worked with a committee of five other pharmacy students, all of whom were recent Spring initiates, eager to learn more about Kappa Psi. They invested hours upon hours of difficult, unfamiliar work in coordinating hotels, parking, socials, forums, catering, and much more! Planning province was an invaluable learning experience for the both of us that began in May of 2018. From finding the right date, to booking venues, and then making sure that things went smoothly on the day of the assembly, we have definitely learned a lot about event planning. Brother Parker was there to help at each step of the way, making sure that we did not miss any of the small details. It was a great experience, and I was very shocked and honoured to receive the F. Harvey Smith award for my efforts in planning this assembly. Lastly, we want to congratulate the new Mountain East Province executive board, and we are proud to have two Sigma initiates, Brother Dr. Chai Wang and Brother Karen Huang, serve as Satrap and Chaplain, respectively. We believe that this executive board will help move Kappa Psi forward.









Spring Province Announcements



BETA ETA CHAPTER

MEP SPIRIT WEEK

Monday 3/2: Kappa Psi Color Day

Show off your Kappa Psi colors proudly! Wear scarlet red and cadet gray with your brothers.

Tuesday 3/3: Tree Day

We want to see your fraternal roots! Post a picture of your tree.

Wednesday 3/4: Day Of Service #ReachOut

Share with your fellow brothers the big things you're doing to make a difference on your campus, in your community, or for those around you. As a nod to our Philanthropy, Reach out and Read please hashtag your post #ReachOut.

Thursday 3/5: More Than Brothers

As we all know Kappa Psi is about so much more than networking and the exciting profession of pharmacy - it's about the friendships forged through our fraternal bond. Post a photo with the life long friends you've made!

Friday 3/6: Letters

Post a photo of you, and any other brothers wearing your favorite set of letters!



Come gather with your brothers of Mountain East for the first Province Assembly of the new year, and the new decade! Here is some general information about registering for the quickly approaching Province Assembly and the MEP Week Social Media Campaign for the week leading up to Province!

Spring Province 2020

Host Chapter: **Beta Eta** (@kappapsi_betaeta on Instagram)

Where: Morgantown, West Virginia

When: **March 6th - 7th**

Accommodations: The Marriott at Waterfront Place

Deadline to book is February 20th

Registration: Open from January 26th - February 15th at <https://betaeta1.wixsite.com/kybh>

If you have any questions about Province please contact betaeta@kappapsi.org or mmklingler@mix.wvu.edu



Meet the Executive Board

MOUNTAIN EAST PROVINCE

2019-2020

Satrap: Chai Wang
Vice Satrap: Nicole Farah
Secretary: Ashley Dike
Treasurer: Reagan Weaver
Chaplain: Karen Huang
Parliamentarian: Jaehee Cho
Webmaster: Thai Q Nguyen
Immediate Past Satrap: Parker Downing
Supervisor: Todd Larson
Assistant Supervisor: Becca Mousseau



Chai Wang

SATRAP | MEP.SATRAP@GMAIL.COM

"My vision for this year is centered around the theme of transformation"

Hello Brothers,

It has been truly a humbling experience to be serving as your Satrap for this term. In the few short months since our Fall Assembly at Sigma chapter, I have been influenced by the passion, energy, and support you all have demonstrated. Even as I write this, your executive board and committee leadership are working hard to transform Mountain East Province in preparation for a future where Kappa Psi fosters continuous and sustainable growth.

My vision for this year is centered around the theme of transformation with three major focus areas: infrastructure, brotherhood value, and professional growth. To enhance the brotherhood experience, our officers have been systematically reviewing historical practices and identifying areas of opportunity for improvement. From organizing province documents to revamping Assembly activities, we continue to identify systematic approaches to ensure that Mountain East Province will operate smoothly. In addition, I have expanded the role of our committees, providing each with meaningful charges to pursue throughout the year. Continuing programs like our Leadership Development Series, developing fundraising initiatives, and expanding philanthropic efforts to support Reach Out and Read are but a few ways that our committees are being directly involved. If you have not already done so, consider supporting a committee by joining and participating in the discussion.

During Fall Assembly, I spoke about the need for expanding engagement. For too long, our brotherhood has relied upon the tireless efforts of a few passionate brothers; we need your involvement and commitment to leadership to ensure continuity. I believe that our time is precious, and thus it becomes critical to ensure that each invested minute you have given is meaningful and valuable. Your officers and committee leadership have been directed to consider value and impact as they create new events and ideas. From our new logo competition to our social media Thank-a-thon, our hope is that we can engage all of our brothers through numerous touchpoints. Each connection, however brief, between you and the Mountain East Province is a success; I hope you will consider sharing your ideas and participating whenever the occasion might present itself, whether it be a standalone event or our Spring Province Assembly in Morgantown, WV during March 6-7, 2020!

On a more personal level, I continue to balance my Satrap responsibilities along with caring for my own family and supporting my profession through my professional pharmacy organizations. I also recently welcomed my second daughter back in September, and it has truly been a joy to watch her grow. Kappa Psi has helped to shape me into the pharmacist I am today; by investing in our bonds of brotherhood, we can continue to cultivate that sense of belonging that all of us desire. As we look to the new year, I encourage you to reflect upon what Kappa Psi means to you and to consider giving back to our beloved fraternity.

Fraternally,



Chai Wang
Satrap, 2019 - 2020



Nicole Farah

VICE SATRAP | MEP.VICESATRAP@GMAIL.COM



"You forget how much you miss people and your chapter's traditions until you experience them again!"

Hello Brothers. It is a pleasure to address you as your new Mountain BEAST Vice Satrap! I remember attending my first MEP Assembly in Buffalo as a new Brother and thinking the Executive Board was comprised of such impressive, professional individuals. I have some big shoes to fill! With this memory in mind, I am incredibly excited to assist with the planning of the spring 2020 Province Assembly meeting. The Brothers of Beta Eta and I have been diligently planning your next Assembly with your best interests in mind.

One of the biggest changes you will notice in this upcoming Assembly is we will be integrating interactive workshops into the Assembly meeting itself. We are hopeful that this change will improve engagement and allow Brothers to gain more value from the Assembly meetings themselves. We are planning the workshops with your feedback in mind! Something we will not be changing is the time you have to bond with your fellow MEP Brothers; the Beta Eta Brothers have planned some awesome socials and our Saturday night banquet will be at the West Virginia University's stadium! Please consider attending this upcoming Province Assembly meeting! It will take place in Morgantown, West Virginia on March 6th and 7th.

In other news, as I am in my P4 year of pharmacy school, I have been keeping busy on APPE rotations. Though sometimes stressful, they have been incredibly valuable, and I have been gaining confidence as a clinician through these learning experiences! I am interested in pursuing a health-system pharmacy administration residency and have been feverishly preparing for Midyear and interview season! I just completed an administrative rotation in Pittsburgh, so for the month of November, I was able to spend some quality time with my home chapter, Beta Kappa. I met our new pledges and reunited with my Brothers. I also attended our annual Lineage Dinner and Scav Night, both wonderful events that I look forward to every year. You forget how much you miss people and your chapter's traditions until you experience them again!

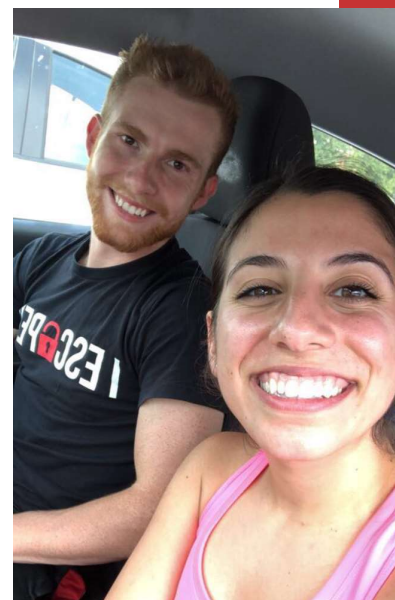
All in all, I am happy to be experiencing this season of change with my fellow Brothers on the Mountain East Province Executive Committee and am excited to see what new elements each member will bring to the table. What we have seen so far is exceptionally promising! I am excited to see you all in Morgantown!

Proud to be your Brother,

Nicole Farah
Mountain East Province Vice Satrap



Top: Me as Santa with Beta Kappa's GCD Karen Hoang at our Christmas party in 2018!
Left: My big, crazy lineage!
Right: My significant other who is also a Brother!





Ashley Dike

SECRETARY | MEP.SECRETARY@GMAIL.COM

"I hope everyone makes an effort to spend time with their Kappa Psi Brothers during the holiday season..."

Hello Brothers,

Holiday season is my favorite time of the year. Classes are ending for the semester, everyone is preparing to gather with friends and family to celebrate in their unique ways, and we get to reflect on things that have happened throughout the year, and plan for this thing to come. What I look forward to the most is not only spending time with my loved ones but remembering what keeps me grounded and passionate to pursue my dreams. I hope everyone makes an effort to spend time with their Kappa Psi Brothers during the holiday season and be reminded why we chose to join this amazing fraternity and remain Brothers for life.

As Secretary, a few of my goals are to increase effective communication, collaboration, and sharing of ideas and events between chapters to help strengthen our province bond. Each of our chapters are so unique and bring something special to our province that should be shared and celebrated. I am grateful to work with such an amazing team and I am confident we will transform Mountain East Province with the help of each individual Brother.

During winter break, I am also excited to complete my IPPE II rotation at the Veteran's Affairs Medical Center in Washington, D.C. I am honored to help serve the women and men who served this country. As the sister of a Navy veteran, I know how important quality healthcare is for those who have been deployed and/or experienced the various aspects of military life. I look forward to learning a lot and making a positive impact. I look forward to seeing everyone at Spring Assembly! Proud To Be Your Brother,

Ashley Dike

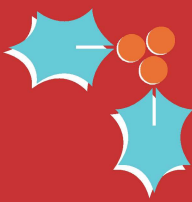
Mountain East Province Secretary



Left: My family and I rooting for our football team, the New Orleans Saints, on Thanksgiving day!

Right: DC Graduate Chapter and Delta Kappa Brothers volunteer with Food For All DC to provide meals to homebound residents in DC.





Reagan Weaver

TREASURER | MEP.TREASURER@GMAIL.COM



"Kappa Psi has been such an incredible force of positive change in my life."

Brothers,

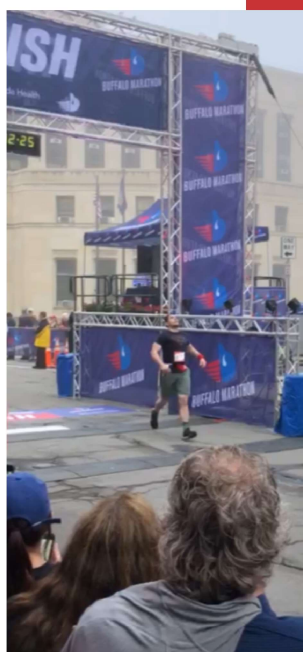
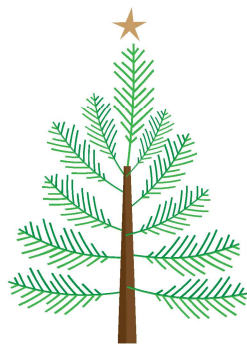
The few short months into my term as Mountain East Province treasurer have already been full of progress, collaboration, and personal growth. Revamping the flow of funds in and out of the province has been a top priority and the incredible brothers within the EBoard and Fundraising and Auditing committee have fostered a culture of innovation and problem solving. We have been operating in a manner allowing equal voices which is leading Mountain East Province to a vibrant and exciting future. A chief task that we have explored is securing outside funding to offset costs of province which would in turn free up capital for future Mountain East Province projects. We are proud to announce that we will be releasing a catalog of fundraisers from around the province to aid chapters in their local fundraising, drawing inspiration from other brothers.

A few personal items. Originally, I grew up in Rochester, NY and lived there until I graduated high school in 2013 and subsequently began undergraduate work at the University at Buffalo. I am an Epsilon Omicron initiate from 2017 and am currently finishing my P4 year at D'Youville College in Buffalo, NY. Much of my free time is spent partaking in trivia, cooking and baking, or in the gym.

Kappa Psi has been such an incredible force of positive change in my life. It has drastically improved my ability to collaborate with other professionals as well as forging new and lasting contacts with like-minded individuals in our shared field. I have been lucky enough to meet some of my best friends in the world through this wonderful organization. Any moments of stress caused by obligations to Kappa Psi are outweighed tenfold by all that has been given to me. I am beyond grateful for the opportunity to give back to Kappa Psi and envision I will be doing so in some capacity indefinitely.

Proud to be your brother,

Reagan Weaver
Mountain East Treasurer





Karen Huang

CHAPLAIN | MEP.CHAPLAIN@GMAIL.COM



"When you make time for Kappa Psi conferences, they're a tangible reminder that pharmacy is much bigger than the four walls of your pharmacy school building."

Hello Brothers,

My name is Karen Huang (not to be confused with Karen Hoang haha!), and I am thrilled to be serving as your 2019-2020 MEP Chaplain! To give you a little background about myself, I was born and raised in Baltimore, Maryland, and I'm currently a P4 at the University of Maryland School of Pharmacy with Sigma Chapter.

This role means a lot to me because it affords me the opportunity to support my brothers and serve my community in new, exciting ways. This year, we want to revitalize and reshape the significance of being a brother in Kappa Psi. Before my term ends, the Philanthropy Committee and I will expand Reach Out and Read to pediatric clinics across Mountain East Province. Additionally, I'd love to help brothers from different chapters connect, and I don't just mean seeing each other at province assemblies once or twice a year. Your MEP Eboard and I are in the process of establishing an ambassador program to encourage brother visits to other chapters. Be sure to keep an eye out for more information!

People often ask me, "what keeps you coming back?" and having had the privilege to attend 5 amazing province assemblies and 1 GCC during my 3 years as a brother in this fraternity, I have infinite reasons to keep my Kappa Psi brothers close. As we all know too well, when you're in pharmacy school, it's easy to be weighed down with attending classes, trying to do well on exams, working part-time, and balancing student organization responsibilities, while still having some semblance of a social life and a decent sleep schedule! As a fourth year student, trust me; we've all been there. But when you make a little time for Kappa Psi conferences, they're a tangible reminder that pharmacy is much bigger than the four walls of your pharmacy school building. The inspirational individuals who I've had the honor of meeting continue to motivate me and serve as some of my closest mentors. Hearing the accomplishments that we achieve on an individual, chapter, regional, and national level remind me that what we do can make a difference. As the year draws to a close, I invite each and every one of you to think about how you can do the same because you don't need an executive board position or any official role to have an impact on someone! Reflect on the reasons that motivated you to rush and pledge Kappa Psi and the reasons that kept you going when the process became challenge. And with that, continue to take on new opportunities within our beloved fraternity, and your reasons for staying will find you.

Always proud to be your brother,

Karen Huang
Karen Huang
Mountain East Province Chaplain



Fun facts

I love...
Staying active, lifting, badminton, dancing badly
Music and going out to shows/festivals with friends
Finding new cafes and study spots
Meeting new bros

Contact Me!

Facebook: [facebook.com/khuang158](https://www.facebook.com/khuang158)
Instagram: @khuang158

Left: My Kappa Psi family line (left to right: Lawrence Tang, Karen Huang, Amy Bao, Amanda Dinh)



Jaehee Cho

PARLIAMENTARIAN | MEP.PARLIAMENTARIAN@GMAIL.COM



"Kappa Psi has brought about an absolute whirlwind in a short amount of time in my life."

Brothers of Kappa Psi,

As a relatively new brother of the province that has become more involved in the E Board recently, I feel that I have not only been given an opportunity to help improve our province's legislative procedures but also inspire new brothers to become more involved in their respective chapters and province. As someone who never really sought out leadership positions until lately, I want to send a message to Brothers in the province that may feel similarly as I did at the beginning of pharmacy school: becoming more involved through Kappa Psi has made me into a better leader and has developed more confidence in myself. Inspiring younger and newer brothers to get more involved within their chapters is one of my major goals. To my younger and newer brothers, I hope that you find Kappa Psi to be a community in which you can thrive not only in pharmacy, but in all your future endeavors. For my veteran brothers, I hope that you reach out to younger brothers and continue to be engaged in the province.



As Parliamentarian, I see many areas of improvement. Revamping many of the legislative procedures to be more "user friendly," educating chapters about potentially untapped involvement avenues, and reviewing the province ordinances to propose updates with retrospective changes are all things I would like to pushing for during my term. Giving brothers the opportunity to suggest legislation and vote on resolutions that change the scope of the province are important, This can help the province adapt to change and continue to grow.

Kappa Psi has brought about an absolute whirlwind in a short amount of time in my life. Before getting elected Parliamentarian this past year, my journey beyond the chapter began at this past GCC in DC. There, I was able to learn about the national scale of the fraternity and become acquainted with brothers outside of Mountain East. Returning from there encouraged, I become more involved in the province by volunteering to be province delegate for Beta Kappa chapter and was able to become elected Parliamentarian at this past MEP. I hope to become useful to the province and get further involved through GCC in the future. In my personal life, I am finishing my last year of pharmacy school through rotations and am currently doing a rotation in Korea. I hope to apply for fellowships through Midyear in this upcoming December. They always say that pharmacy is a small world and I hope to meet many old and new brothers when I go to Las Vegas. I hope to meet many brothers at the Kappa Psi reception and will try to make many connections, I hope to see many of you there!

Proud to be your brother,

Jaehee Cho
Mountain East Province Parliamentarian



Celebrating with Brothers Eric Lee and Grace Liao getting their white coats at the University of Pittsburgh!





"Let's catch up with the times and promote our activities in meaningful ways!"

Hi bros!

Thank you for putting your trust in me as your new webmaster and thank you everyone for being so engage as I have reached out to you for assistance with my agendas! A major goal for my term is for every chapter to have a public website. One that you are proud of to then use as a mean of promotion for your own chapter and entice future brothers to join our great fraternity. And along the same vein, I would love to see chapters develop a public relation committee to manage your social activities. Let's catch up with the time and promote our activities in meaningful ways! Please reach out to me if any of this is something that you would like to see at your chapter and we can make it happen together.

At my own chapter of Beta Kappa, it has truly been a roller-coaster serving as the vice-regent. I have had so much fun hosting parties at THE HOUSE, sleep over in Salk Hall, yelling at each other playing board-games, among many other things. I am so proud and yet filled with so much anxiety when thinking about our pledge class of 36. It is such a pleasure to getting to know them all but also nervous to be serious when need be. Being in this position has helped me grow tremendously over this semester and as the pledging season keep trucking on. Anyhow, I am amazed with what the chapter has been able to accomplished over this half a year, the huge development in each and every pledges, and the tremendous effort given by numerous brothers within my chapter. Looking forward to 2020, I can't wait to initiate the pledge class (but shh, don't tell them that yet!), finishing my term as vice-regent with a bang and ready to see who the new leaders of Beta Kappa are.

All in all, 2019 has been a very memorable year. P3 is kicking my butt left and right, but along with it I have learned so many things about pharmacy. Setting up rotations is also a struggle and a half :). Before I get back to studying for finals here in Pittsburgh, I just want to wish everyone a happy holidays and a great 2020. See you all at Spring province!

PTBYB,
Thai

Parker Downing

IMMEDIATE PAST SATRAP | MEP.PASTSATRAP@GMAIL.COM



"My passion project this year is centered on supporting future host chapters when planning a Province Assembly."



Happy Holidays my Brothers!

For the season of good cheer, I'm delighted to write to you as your now-past Satrap. It was a joy to close my term in Baltimore, and I'm sincerely excited for all that Satrap Chai and our new officers look to contribute this year. I encourage you to read their newsletter pieces to meet your officers and hear more about their vision.

My passion project this year is centered on supporting future host chapters when planning a Province Assembly. As a Vice Satrap and later Sigma Grand Council Deputy, I've seen the process from both perspectives and recognize the challenge for our Collegiates to budget, plan, and execute everything we've come to expect. I'll be reforming our current planning guide into a comprehensive document that not only covers the planning timeline and purpose behind each element, but also relevant resources, pitfalls to proactively address, feedback from past Assemblies, and detailed guides on minutiae including automated badge creation. Additionally, I'm pleased to serve on the Scholarship, Awards, and Philanthropy Committee under our Chair Kim Dao, and join the Advisory Committee with our past Satraps.

Whether at your chapter event, an outside Province Assembly, or in Morgantown with Beta Eta, I can't wait to see you soon! Our Maryland Graduate and Sigma events always welcome visiting Brothers if you're ever in the area.

Proud to be your Brother,

Parker Downing
Immediate Past Satrap,
Mountain bEast Province

Top: Jia Gao (left) and myself (right) during our Province banquet – Westminster Hall was beautiful!

Right: The apples of my eye: Barley (center) and Marlon (right)



Todd Larson & Becca Mousseau

PROVINCE SUPERVISOR & ASSISTANT SUPERVISOR
TOLARSON10@GMAIL.COM & BECCA.CHEMIE@GMAIL.COM

We enjoyed serving as your Supervisor and Assistant Supervisor at the Fall 2019 MEP Assembly and are looking forward to the rest of our term! Thank you to Sigma for hosting a phenomenal assembly. We are excited to work with the new executive committee to accomplish their plans and goals.

From Todd's Previous Bio:

A little about myself. I was born and raised in Los Angeles, CA. I am a 2012 initiate of Iota Chapter at the Medical University of South Carolina in Charleston, SC. Upon graduation I did my PGY-1 residency at Montefiore Medical Center in Bronx, NY and did my PGY-2 in solid organ transplant at the University of Utah. Currently I am a clinical pharmacy specialist in solid organ transplant at Henry Ford Hospital in Detroit, MI. Previously, I have held positions of Vice Satrap and Chaplain in South East Province, held several international committee positions, and I am currently the Vice Regent of Central Michigan Grad.

From Becca's Previous Bio:

I am a Chi initiate (Chicago) and served as Recording Secretary and Corresponding Secretary for the chapter as a collegiate. I served a total of 4 years on the Mid-America Province Executive Committee, including Secretary and Satrap. I love Kappa Psi's emphasis on Philanthropy and Fellowship. It's hard to pick one favorite moment from Kappa Psi, since it has become such an integral part of my life. GCCs and province assemblies, including MAP and other provinces, are jam packed with incredible memories. Something that emphasized to me how important my Kappa Psi Brothers are to me is the way my Brothers supported me when I needed to go through breast cancer treatment, and the way they've continued to cheer me on now that I am a survivor. It's a pleasure to serve the Fraternity that has brought these incredible Brothers into my life!



Meet the Committee Chairs

MOUNTAIN EAST PROVINCE

From the Satrap:

I would like to introduce each of the committee chairpersons for 2019-2020 who have graciously volunteered their time. Their responsibilities include facilitating committee activities and ensuring that province charges are met. They have a very busy year in front of them, and any assistance you are willing to provide is greatly appreciated. Each committee is staffed with collegiate and graduate brothers from across the province to encourage participation and sharing of ideas.

Graduate and Collegiate Development Committee: Sara Pek

Communications Committee: Madison Watkins

Fundraising and Auditing Committee: Mary Jane Braham

Legislative and Resolutions Committee: Stephanie Davis

Scholarship/Awards and Philanthropy Committee: Kim Dao

If you are interested in learning more about these committees keep reading to find out about their goals for the term. If you would like to join a committee, please reach out to the respective chairperson, their email address is included on their page of the newsletter.



Sara Pek

GRADUATE AND COLLEGIATE DEVELOPMENT COMMITTEE CHAIR | [S.SARAPEK@GMAIL.COM](mailto:s.sarapek@gmail.com)



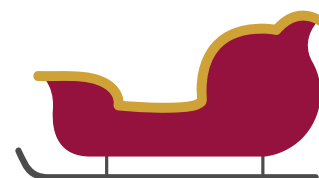
"The Brotherhood has provided me with so many opportunities to grow as a leader and foster friendships and collaborations."

Hey! My name is Sara Pek and I am a Delta Xi initiate and one of the founding brothers of the Northern Virginia Grad Chapter. From serving as Regent to Grand Council Deputy, to learning new leadership skills at the first Kappa Psi Leadership Conference, to attending many Mountain East Provinces, the Brotherhood has provided me with many opportunities to grow as a leader and foster friendships and collaborations. Thus, I am excited to give back as Chair for Collegiate and Development Committee as it continually creates new ways to support our brothers. My goals for the term include supporting the pilot MEP Leadership Development Series for collegiate brothers, lead a reciprocity ring in the spring Province to better connect all our brothers, and improving turnout and participation of graduate brothers. If you're interested in joining the committee, please feel free to email me at s.sarapek@gmail.com.

Sara Pek
Graduate and Collegiate Development Committee Chair

Committee Members:

Past Satrap liaison: Karen Hoang, Pittsburgh Grad
Executive liaison: Ashley Dike, Delta Kappa
Tasha Williams, Epsilon Nu
Lu Chen, Sigma
Stefan Ade, Delta Kappa
Andrew Chayasriwong, Maryland Grad
Grace Victor, Sigma
Stephanie Brian, Buffalo Grad
Melanie Umbaugh, Beta Kappa
Rachel Largent, Beta Eta



Madison Watkins

COMMUNICATIONS COMMITTEE CHAIR | WATKINSM1@DUQ.EDU

"I am beyond proud to be a brother of Kappa Psi and serve my province in this position."

Hello Brothers!

My name is Maddie Watkins and I am proud to be your Communications Committee (CommComm for short) Chairperson! My committee is made up of many hardworking and dedicated brothers, and I would like to take this opportunity to thank them for their cooperation and assistance as I adjust into this position. I would mention all of their names here, but I have a whole section at the end of the newsletter dedicated to my committee! I am beyond proud to be a brother of Kappa Psi and serve my province alongside these amazing people in this position.

I am a PY2 pharmacy student at Duquesne University and have been a brother of the Delta Epsilon chapter since Fall 2017. I had the amazing opportunity to study abroad in Rome, Italy my sophomore year of college. I am also looking forward participating in a mission trip with fellow pharmacy students and some nursing students in March. We will be going to Costa Rica over spring break and providing supplies and diagnostic tests to children. Sadly, I will be missing Spring Province at WVU, but I'm sure you all understand!

This term I am excited to produce the newsletter, organize social media campaigns, and overall better our province's communication. If you would like to get involved on the committee please reach out and let me know!

Proud to be your brother



Madison Watkins
Communications Committee Chair



Mary Jane Braham

FUNDRAISING AND AUDITING COMMITTEE CHAIR | MJBRAHAM@MIX.WVU.EDU



"This year our committee hopes to create a bi-yearly Kappa Psi themed apparel or item order..."

Hello,

My name is MJ Braham and I am the chair of the Fundraising and Auditing Committee! I am a third year pharmacy student at West Virginia University and a brother of the Beta Eta Chapter. I serve as the Chaplain for Beta Eta but also coordinate all of our fundraising activities!

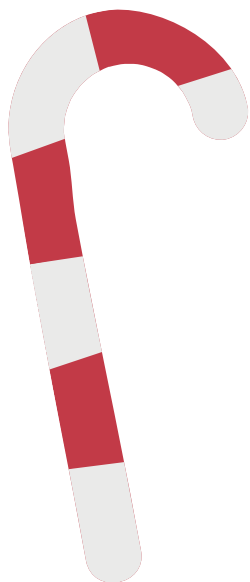
This year our committee hopes to streamline the auditing process, create a virtual auction for brothers that are unable to attend province, create a bi-yearly Kappa Psi themed apparel or item order, and obtain sponsorship for the upcoming provinces.

The current members of the committee include:

Meg Klinger
Jennifer Gaquin
Natali Ninova
Stephanos Gozali
Zach Swedberg

We will be supported by past Satrap John Pietkiewicz, as well as current executive board members Nicole Farah and Reagan Weaver!

PTBYB,
MJ Braham
Fundraising and Auditing Committee Chair



Stephanie Davis

LEGISLATIVE AND RESOLUTIONS COMMITTEE CHAIR | SDAVIS03@GMAIL.COM

"My goals for the committee are to review the needs of chapters in regarding to legislative affairs and Robert's Rules..."

I'm Stephanie Davis and I am excited to serve as the 2019-2020 chair of the Legislative and Resolutions Committee. I'm a 2006 initiate of Delta Sigma chapter of Midwestern University, Glendale, AZ. I relocated to Maryland in 2008 and currently work as a critical care pharmacist at the Johns Hopkins Hospital. I also serve as the Secretary/Treasurer of the Maryland Graduate chapter.

My goals for the committee are to review and provide recommendations for potential changes to the Local Ordinances, review the needs of chapters in regarding to legislative affairs and Robert's Rules and, finally, to revamp the Resolutions process to make it more meaningful for the Province.

My committee consists of:

Dana Fasanella
 Tyler Gates
 Ryan Archer
 Joshua Cox
 Kylie Park
 Peter Donnelly,
 Jaehee Cho (e-board liaison)
 TJ Chapman (Past Satrap advisor).

Thank you.

Stephanie Davis
 Legislative and Resolutions Committee Chair



Kim Dao

SCHOLARSHIP/AWARDS AND PHILANTHROPY COMMITTEE CHAIR | KIM.DAO@PITT.EDU



"Our main goals for the term are to expand Reach Out and Read philanthropy initiatives..."



My name is Kim Dao, a fourth-year pharmacy student and Kappa Psi brother of the Beta Kappa chapter. I currently serve as the chairperson for the MEP Scholarship/Awards and Philanthropy Committee. I'm excited to be collaborating with several motivated and enthusiastic brothers within the committee such as Erika Thomas (Beta Kappa), Jordan Whetzel (Beta Eta), Maryam Alli (Delta Xi), Stefan Ade (Delta Kappa), and Kate Anthony (Pittsburgh Grad) with Immediate Past Satrap Parker Downing and Chaplain Karen Huang serving as our past satrap liaison and executive liaison respectively.

Our main goals for the term are to expand Reach Out and Read philanthropy initiatives to partner with local health systems in order to create additional visibility for our fraternity and establish a province-funded ambassador program to help encourage chapters to visit other chapters and provinces throughout the year. We're also in the process of collaborating with the Beta Eta chapter in setting up a philanthropy event for the MEP Spring 2020 Assembly. Overall, we're very much looking forward to seeing what we will accomplish this term as a committee.

Proud to be your brothers!

Kim Dao & MEP Scholarship/Awards and Philanthropy Committee



Collegiate Chapter Reports

MOUNTAIN EAST PROVINCE



Sigma

University of Maryland, Baltimore MD

Beta Eta

West Virginia University, Morgantown WV

Beta Kappa

University of Pittsburgh, Pittsburgh PA

Delta Epsilon

Duquesne University, Pittsburgh PA

Delta Kappa

Howard University, Washington DC

Delta Xi

Shenandoah University, Winchester VA

Epsilon Nu

University of Maryland - Eastern Shore, Princess Anne MD

Epsilon Omicron

D'Youville College, Buffalo NY

Zeta Kappa

Marshall University, Huntington WV

Beta Kappa

UNIVERSITY OF PITTSBURGH | BETAKAPPA@KAPPAPSI.ORG



Spotlight Brother:

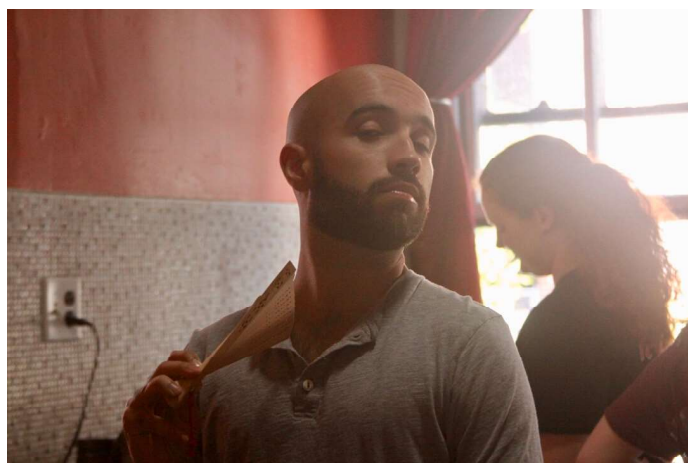
The Beta Kappa chapter is proud to announce that our fall 2019 brother spotlight is brother Michael Mast. Mike is our chapter's social chairman, and his efforts have redefined and revitalized the position. Our chapter has been treated to a myriad original, exciting, and diverse social functions. These included a tailgate, a trip to an orchard, a 'cookie crawl' in Pittsburgh's bohemian Lawrenceville neighborhood, a burlesque ball, chapter-wide gaming events, and many others. Mike is richly deserving of this accolade because his tireless efforts have underscored the truth that strong social bonds form the heart of our brotherhood; to nurture these and give opportunities to create a more durable fraternal framework is exemplary of our founding ideals.



Brother Michael Mast, recipient of our chapter spotlight, is unabashed in his glee at the sight of a particularly comely pumpkin. Well deserved, Mike!

This semester:

Beta Kappa chapter's most successful event this autumn did not take place during the autumn at all. The summer barbecue, a brain-child of our much-acclaimed social chair, drew an impressive crowd of brothers during the oft languid months of the summer. Beta Kappa brothers flocked to socialize over grilled meats and vegetables. There is nothing quite like a summer barbecue with your family-away-from-family in your home-away-from-home.



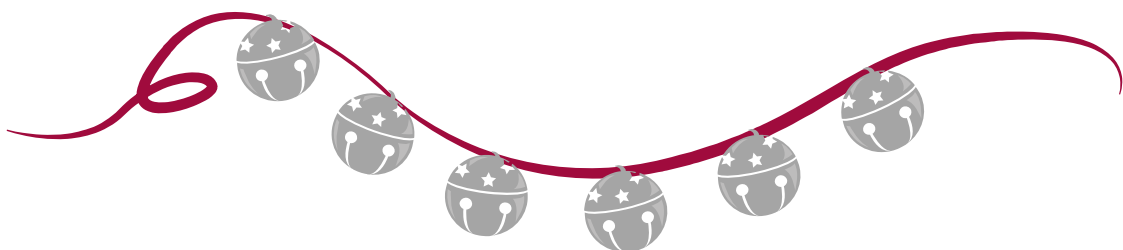
Brother Nicholas Hammond takes a moment to cool off while cooking for the fraternity. His exquisite skills as a chef de cuisine have lent sublimely to cooking on a scale that could only be adequately described as industrial.



Brother Yihan Li and Kappa-Psi-Sweetheart-runner-up Daisy woo one of the largest pledge classes yet during a fall rush event. We don't blame them for succumbing to those wily charms.



The brothers and pledges of Beta Kappa chapter enjoyed the start of fall with a pumpkin patch, apple picking, and cider pressing at Soergel Orchards. Some more daring brothers even attempted the hay tunnel.



Delta Epsilon

DUQUESNE UNIVERSITY | DE.KAPPAPSI@GMAIL.COM



Spotlight Brother: Nina Ricci

Nina Ricci, PY2, from Erie, PA is our fundraising chair and has definitely made such an impact in Kappa Psi since she was inducted in the Fall of 2018. Although she definitely out-did herself with putting together our successful fundraiser with Yankee Candle, and making over \$550 and counting for our chapter.



This semester:

The most successful event that our chapter experienced this semester was our Yankee Candle fundraiser, which was put together by our spotlight member of Delta Epsilon, Nina Ricci. Our chapter was designated to sell as many items from the given fall Yankee Candle catalog for profit for our fraternity. We made a profit of over \$550 and counting. This was definitely a Christmas miracle for our chapter.



The exposition of this whole semester started with our Meet the Pharmacy Greeks event, where Delta Epsilon had the chance to explain what it means to be a brother of Kappa Psi to the mass of people that came to that event.



The rising action of the semester is when we had Delta Epsilon representatives at the annual Market Square Health Advocacy Day in Downtown Pittsburgh.



The climax of this semester and when the PY2 class went to Washington DC and advocated for the Duquesne School of Pharmacy.



The resolution of this semester was inducting 20 brothers and if that is not a resolution after all the twists and turns the semester delivered, then I do not know what is.





Delta Kappa

HOWARD UNIVERSITY | DELTAKAPPA@KAPPAPSI.ORG

Spotlight Brother:

Ashley Dike is currently serving on the Mountain East Province Executive Board for the second year in a row, while also serving as the alumni chair for Delta Kappa for the second year in a row. She does all this while balancing school work as a third year student. She is always ready to listen and give advice, while being open to suggestions. She goes above and beyond the confines of her designated duties and deserves every spotlight available. Cheers brother Dike! It's an absolute pleasure to be your brother.



This semester:

The most successful event this semester was the career panel. Five graduate brothers from different pharmaceutical fields sat on the panel and over 40 students were in attendance. It was insightful and first year students were able to make connections and understand the lasting impact Kappa Psi can have on us as pharmacists and as people.



L-R Brother Taylor, Dean Tofade, Brother Turner, Big Brother Dr. Shepperd-Debnam at Delta Kappa's annual flu shot clinic



Spring 2019 initiates officially presented to the college of pharmacy during the fall semester Kappa Psi Week



Brothers of Delta Kappa alongside graduate brothers who were gracious enough to be panelists at our Career Panel during the fall Kappa Psi week at Howard University College of Pharmacy



Brothers of Delta Kappa and DC Grad volunteered together at Food For All DC to put together groceries and turkeys families across DC right before thanksgiving!



Delta Xi

SHENANDOAH UNIVERSITY | DELTAXI@GMAIL.COM



Spotlight Brother:

Any fraternity, organization or group of people need someone with the qualities brother Carissa Millan brings to the table. She possesses the confidence and perseverance needed for her and everything beyond, her resume continues to grow every semester with academic success and philanthropic efforts. Her welcoming presence brings people together and reminds all of us of the good in life, Carissa continues to be a great addition to the Delta Xi chapter, and we're grateful to call her a brother of Delta Xi.



Our Fairfax Brothers represented at the KY luncheon!! What's better than one luncheon!!! TWO!!!!!! Let's go brothers !!!



Congratulations to our Kappa Psi Brothers on their PLS induction!!!
Taking us to new heights!!!! Let's go Kappa Psi show them what you
working with!!



We appreciate our brothers here at Shenandoah going out
to the MEP Fall Assembly and representing Delta Xi.





Epsilon Omicron

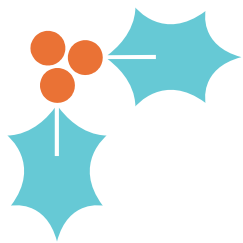
D'YOUVILLE COLLEGE | EPSILONOMICRON@KAPPAPSI.ORG

Spotlight Brother:

Emily Machlowski has been chosen as Epsilon Omicron's brother spotlight. Emily is a member of pledge committee, and has exemplified the utmost brotherhood throughout this fall semester. No matter the situation, she always reached out to offer a hand in any task. Emily exceeded any expectations and went above and beyond helping make sure all RUSH events ran smoothly from planning to the actual event itself. Emily made an outstanding effort at talking to rushees every chance she got, and never failed to put a smile on their face every time she was around. Emily also played a big role in assisting brothers from taking pictures to apparel to fundraising. It is an honor to be able to spotlight such an amazing member of our chapter, and thank you Emily for all you have done for Epsilon Omicron.



The fourth and final RUSH event was a huge success for Epsilon Omicron. We bowled at Kenmore Lanes, and throughout this event, you could feel the bonds start to form between brothers and rushees. After a long semester of school, it was nice to let loose and have a little fun with our pharmacy family. It was our biggest turnout of the year, and everyone had a blast!



Epsilon Omicron brothers gather and do a secret santa gift exchange. We also had a PJ party.



Epsilon Omicron brothers Stephan Olson, Reagan Weaver, and Akash Patel join in the initiation of new brothers at Wilkes University.



Brother Sydney Blatner volunteers at Joyful Rescue, assisting in the care of dogs and cats.



Zeta Kappa

MARSHALL UNIVERSITY | ZETAKAPPA@KAPPAPSI.ORG



Spotlight Brother:

For this brother spotlight, Zeta Kappa has chosen to feature Bridget Boenke. Bridget, a third year student at Marshall University School of Pharmacy, has played an integral role in the Zeta Kappa Chapter of Kappa Psi. Not only does she hold a position on the E-Board as secretary, Bridget also proactively encourages collaboration of ideas between all members. This semester she has helped facilitate fundraisers and community outreach, as well as help promote Kappa Psi through presentations on Preview Day. Bridget Boenke has gone above and beyond expectations and has helped make the Zeta Kappa Chapter better than ever.



Zeta Kappa Chapter welcoming new brothers into Kappa Psi!



This semester with the Zeta Kappa Chapter of Kappa Psi has been productive and exciting. The Marshall University School of Pharmacy has moved into the new Stephen J Kopp building and has thus, created opportunity for our chapter. The new location allows for more community outreach and for more networking possibilities. These new possibilities and the hardworking members of our fraternity are what initiated our most successful event this fall. This event was Fall Preview Day, where we were able to promote Kappa Psi, and provide information on our ideals, and plans for the future



Graduate Chapters

MOUNTAIN EAST PROVINCE



Buffalo Graduate

Buffalo, NY | buffalograd@kappapsi.org

Pittsburgh Graduate

Pittsburgh, PA | pittsburghgrad@kappapsi.org

District of Columbia Graduate

Washington, D.C. | dcgrad@kappapsi.org

Maryland Graduate

Baltimore, MD | marylandgrad@kappapsi.org

Laurel Highlands Graduate

Altoona, PA | laurelhighlandsgrad@kappapsi.org

Maryland Eastern Shore Graduate

Salisbury, MD | marylandeasternshoregrad@kappapsi.org

Meet the Communications Committee

COMMITTEE CHAIR - MADDIE WATKINS | WATKINSM1@DUQ.EDU

Maddie Watkins

I am a member of Delta Epsilon chapter and the Chairperson of the CommComm. If you are interested in joining the committee, feel free to reach out to me via email! My all time favorite Holiday song is All I Want For Christmas Is You by Mariah Carey.



Caroline Baldwin

I'm from Beta Kappa, and love Carol of the Bells by Trans Siberian Orchestra.



Cannie Tran

I'm originally from Epsilon Xi from the PNW province. I'm a part of the NOVA Grad Chapter now. My favorite Christmas song is Last Christmas.



Laurel Alcenat

I am from Delta Kappa Chapter at Howard University. My favorite Christmas song is Silent Night.



Lina Park

I'm from Beta Eta at West Virginia University!





Alex Puleo

I am from Delta Epsilon at Duquesne University and my favorite Christmas song is Santa Tell Me by Ariana Grande.

Izzy Petrush

I am from Delta Epsilon at Duquesne University. My favorite Christmas song is Christmas Shoes.



Matt Calamia

I'm from Buffalo Grad/Charleston Grad and my favorite song is The Night Santa Went Crazy by Weird Al Yankovic.

Ryan Fillis

I am our past Satrap liaison! My favorite Christmas song is Mele Kalikimaka.



Thai Q Nguyen

I'm an E-Board liaison for the committee, my chapter is Beta Kappa and my favorite holiday song is Santa Baby by Eartha Kitt.

